



## 2023/2024 Athletics

Monterey has an excellent reputation for its strong and well-organized extra-curricular athletics program. This is only possible through the ongoing support of parent and teacher coaches. If you are interested in coaching any of Monterey's teams please reach out to our Athletic Director, Jason Gammon ([jgammon@sd61.bc.ca](mailto:jgammon@sd61.bc.ca)). We would like to get our coaches organized for the year to ensure the timely beginning of each athletic season. Our Sept/Oct sports begin the week of September 18<sup>th</sup>. Please consider helping out with one of the many sporting opportunities we have for our Monterey students.

Sept/Oct – **Ultimate Frisbee, Touch Rugby & Cross Country**

Oct/Nov/Dec – **Basketball**

Jan/Feb – **Volleyball & Tripleball**

Mar/Apr/May – **Badminton, Rugby & Field Hockey**

May/June – **Track & Field**

