

MONTEREY ATHLETICS - DECEMBER 17TH - 21ST

Volleyball.....

...practices have begun. So please check in with your child to see if they are interested in joining one of our teams. We still need more grade 6 or 7 girls for our Jr. team. It's not too late even if they missed the sign up meeting. Have them come see Ms. Rud.

Coaches Confirmed

Axel Robinson - Sr boys competitive arobinson@sd61.bc.ca

Doug Tolson - Sr boys recreational

- Jr boys competitive or recreational TBD based on skill level

dougtolson@shaw.ca

Mia Kennedy - Jr Girls Rec mk3nnedy@telus.net

Maddy Knott/Dan Mallett - Sr Girls Competitive damallet@sd61.bc.ca

Christina Trumpy/Lauren Malec - Sr Girls Rec lmalec@sd61.bc.ca

chtrumpy@sd61.bc.ca

Practices

Sr Boys Competitive

- Tuesdays 7:45 am
- Fridays 3:00 pm
- Game days Mondays

Sr Boys Rec (combined practice with Jr. Boys Comp)

- Mondays 7:45 am
- Wednesdays 3:00 pm
- Thursdays 3:00 pm
- Jamborees - three dates on Mondays

Jr Boys Comp or Rec - TBD (combined practice with Sr Boys Rec)

- Mondays 7:45 am
- Wednesdays 3:00 pm
- Thursdays 3:00 pm
- Games days Thursdays

Sr Girls Comp

- Tuesdays at lunch 12:21 pm
- Fridays 7:45 am
- Game days Wednesdays

Sr Girls Rec (TBD)

- We will need to see if we have enough players to form a team
- Mondays and Fridays at lunch
- Jamborees three dates on Wednesdays

Jr Girls Rec or Comp (TBD)

- We will need to see if we have enough players to form a team
- Thursdays 7:45
- Game days Tuesdays

Badminton Club is now on hold until the Spring

Basketball!

Sr Boys Basketball (preparing for Provincials in March 2019)

Practice Wednesday, December 19th 7:45

In the new year we will hold practices on Wednesday morning and at 4:30 on Fridays immediately after the Sr boys volleyball practice.

Upcoming Sports this Year

Below I have included the Seasons of Play off the Lower Island Middle School Sport Association website. Please have a look at the league dates and what sports are offered and if you can help out, please send me an email. We are currently looking for volleyball coaches (see above information). Please consider helping out.

2018-19 LIMSSA SPORT SUMMARY

FALL

SPORT	START	END	COACHES MEETING	DETAILS
Soccer	Week of Sept 24	Week of Oct 15	Thurs Sept 13	Tourn format for comp and Rec dates: week of Sept 24, Oct 1 and 15
Cross Country	Week of Sept 17	Thursday October 25	Thurs Sept 13	4 races on Wed or Thurs Sept 20, Oct 4, Oct 11, Oct 25 (avoid soccer tourn when possible)
Basketball	Week of Oct. 22	Week ending Dec 7	Wed Oct 3	Competitive div: 6 wks league + playoffs (playoffs week of Dec 3) Recreation Div dates: Week of: Nov 5, Nov 19, Nov 26

No play scheduled Dec 14 - Jan 14 - Schools may arrange own games

WINTER

7/ 8 Comp Volleyball & 6/7 Comp Triple Ball	Week of Jan 21	Week ending March 8 (comp league playoffs are	Thurs Jan 10	Competitive div: 6 wks league + playoffs (playoffs week of Feb 25)
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		the last wk)		
All Rec Div Triple Ball	Jan 28	Week ending Feb 27	Thurs Jan 10	Jamboree format Dates: week of Jan 28, Feb 4, Feb 18

No play scheduled March 18 - March 29 for Spring break & April 19-22 for Easter

SPRING

Badminton	Week of April 8	Week ending May 10	Tba Week of March 5	Avoid play days already used by Rugby and Field Hockey 5 weeks including 1 championship tournament per grade
Rugby (boys)	Week of April 8			
Girls Field Hockey	Week of April 8			
Track & Field	Early May	Week ending June 7	Early April	Suggested dates: May 9, May 13, May 22, May 29, Final June 5 or 6

General Game Days for team sports: (Soccer, Basketball, Volleyball)

Monday **Grade 8 boys**
Tuesday **Grade 6/7 girls**
Wednesday **Grade 8 girls**
Thursday **Grade 6/7 boys**

Note:

-Grade 7/8 Basketball for Boys and Girls maybe Monday or Wednesday or both

-Also some exceptions to the above game days may be made due to holidays