

Monterey Middle School PAC Meeting Minutes
Thursday, October 11, 2018
7-8:30 p.m. in the Home Ec Room

Meeting called to order and welcome – Kristin

Hello from new police liaison officer -- Sandrine Perry

- Wants kids to be comfortable with her.
- Parents should feel free to email her at any time (sperry@oakbaypolice.org).
- PAC may have her come to an upcoming meeting to present to parents.

Guest speaker -- Shawn Davison from Fit Victoria and Monterey parent: "The importance of physical activity in an increasingly technological world"

Admin report -- Ken & Liz

Physical activity for students at Monterey is a priority

- 170 minutes of gym a week + outside recess and trips outside to Andersen Hill, beach etc.
- 8-10 days of indoor recess a year -- most rainy days, kids go outside for recess. They should bring raincoats to school with expectation that they will be outside.
- During recess time, kids have access to sporting equipment. PAC buys recess sports balls. They are given out to kids to play with; some kids bring their own.
- Playground revitalization on track. PAC has raised \$50,000 for climbing structure. Just waiting for district to commit to installation.
- Liz leading pilot project focusing on physical activity before learning. Red Team will do a weekly run/walk before advisory. Hopefully will end up being an entire school initiative.

Digital tech expectations continue as before

- No outright ban on cell phones, but phones/pocket devices not allowed to come out at school unless teachers allow. Consequences for kids who flout the rules.

Police liaison officer plans

- Sandrine will speak to Grade 6s about Halloween and road safety. She will also talk to Grade 8s about alcohol, drugs, sexual harrassment. Will also present to kids about digital safety.

Voting in new executive positions: Kristin

- Paula nominated by Kristin for vice chair. Ladan seconded. Passed unanimously.

Athletic jerseys: Julia

- 79 jerseys ordered; will be handed out to students next week.

Presentation of 2018-19 budget: Kathryn

- Increase in athletic allocation since mixed reaction to coupon books fundraiser. Coupon book fundraiser may not meet its goal.
- Bronwyn seconded budget motion; budget passed and was approved.

Parent ed speakers: Ladan

- November: Mary Klovance, new school counselor, will speak about how to support problem-solving and resiliency in our youth.

- January: Magali Brulot, child psychologist, will speak about supporting middle school kids with anxiety.
- February: Overhaul the Overwhelmed -- workshop to support parent overload. Julianne Richards from Ladysmith willing to come, but would be expensive -- we could partner with OBH and Landsdowne PACs. To be considered further.
- April: gender diversity awareness. Possible speaker wants to do workshop format, but not sure that will work for PAC meeting. Ladan to see if presenter can do more of a presentation to parents rather than small group approach.

Meeting adjourned at 8:40 p.m.