

MONTEREY ATHLETICS

It is hard to believe that we are already two weeks in. Our soccer and cross country is up and running and basketball will also begin next week. Read on for updates. . . .

Soccer

We have two teams this year, Sr girls (6,7 and 8) and Jr boys (6,7). Practices are Tuesday and Wednesday mornings at 7:45 for both teams. Our volunteer coach is parent, Doug Tolson. Please email him if you have any questions. dougtolson@shaw.ca

Sr Girls Game Schedule

Wednesday, September 26 at Monterey (only two teams)

3:45 Royal Oak vs Monterey

Wednesday, October 3 at Royal Oak (three team jamboree)

3:45 Monterey vs. Royal Oak

4:20 Monterey vs. SMUS

Wednesday, October 17 at SMU (three team jamboree)

4:20 Royal Oak vs. Monterey

4:55 Monterey vs. SMUS

Jr Boys Game Schedule (only 1 week has been confirmed)

Thursday, September 27th at Glanford (3 games with the first game beginning at 3:45 and the last game beginning at 4:55). Each game is 35 minutes in length.

Thursday, October 4th (location TBA)

Thursday, October 18th (location TBA)

Cross Country

Race #1 - TUESDAY, SEPTEMBER 25th at Lambrick Park. Please arrange your own transportation to and from the event. If you have them, wear your own personalized jersey, shorts and runners. If not, one will be signed out to your runner on Tuesday at lunch, but must be returned to Ms. Rud the following day.

Basketball

Sr Girls (grade 7 and 8) basketball practice Thursday mornings until further notice beginning at 8 am. Play dates are on Mondays (3:45) and/or Wednesdays (5:15) beginning end of October. Contact coach Dan Mallett if you have questions. damallett@sd61.bc.ca

Sr Boys (grade 7 and 8) basketball practice Tuesday mornings 7:45 and Friday afternoons 3:15pm. Play dates are on Mondays (5:15) and/or Wednesdays (3:45) beginning end of October. Contact coach Lana Rud if you have questions.
lrud@sd61.bc.ca

Jr Boys (grade 6 and 7) basketball practice Wednesday mornings 7:45. Contact Coach Justin Griffith if you have questions. Play dates are on Thursdays (3:45) beginning end of October.
jgriffith@sd61.bc.ca or Lana Rud lrud@sd61.bc.ca

Jr Girls (grade 6 and 7) is on hold for now as we need a coach. If you are interested in coaching, please email Lana Rud lrud@sd61.bc.ca. Without a coach, we won't be able to have a team.

Rec Teams

Depending on the number of teams we have and if we have coaches, we might offer recreational teams. If you would be interested in coaching a rec team, please email Lana. Practices are held at lunch time and involve three jamboree playdates so it is not as much of a time commitment for the player or the coach.

Personalized Monterey Athletic Jerseys

This fantastic program is back thanks to our wonderful PAC. Order deadline is next Friday, September 28th. The cost is \$25 (at cost to the PAC). Students can place their orders and try on jerseys and select their numbers next week at lunch time (Sept 19th, 21st and 26th). Any questions? Contact Julia Stolk juliastolk@shaw.ca

If you have any questions about Athletics programs at Monterey, want to volunteer to help out with coaching a team or have a community program you would like to advertise here, please contact Lana Rud by email lrud@sd61.bc.ca

Upcoming Sports this Year

Below I have included the Seasons of Play off the Lower Island Middle School Sport Association website. Please have a look at the league dates and what sports are offered and if you can help out, please send me an email. We are currently looking for basketball coaches (see above information). Please consider helping out.

2018-19 LIMSSA SPORT SUMMARY

FALL				
SPORT	START	END	COACHES MEETING	DETAILS
Soccer	Week of Sept 24	Week of Oct 15	Thurs Sept 13	Tourn format for comp and Rec dates: week of Sept 24, Oct 1 and 15
Cross Country	Week of Sept 17	Thursday October 25	Thurs Sept 13	4 races on Wed or Thurs Sept 20, Oct 4, Oct 11, Oct 25 (avoid soccer tourn when possible)
Basketball	Week of Oct. 22	Week ending Dec 7	Wed Oct 3	Competitive div: 6 wks league + playoffs (playoffs week of Dec 3) Recreation Div dates:

				Week of: Nov 5, Nov 19, Nov 26
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No play scheduled Dec 14 - Jan 14 - Schools may arrange own games

WINTER

7/ 8 Comp Volley- ball & 6/7 Comp Triple Ball	Week of Jan 21	Week ending March 8 (comp league playoff s are the last wk)	Thurs Jan 10	Competitive div: 6 wks league + playoffs (playoffs week of Feb 25)
All Rec Div Triple Ball	Jan 28	Week ending Feb 27	Thurs Jan 10	Jamboree format Dates: week of Jan 28, Feb 4, Feb 18

No play scheduled March 18 - March 29 for Spring break & April 19-22 for Easter

SPRING

Badmint on	Week of April 8	Week ending May 10	Tba Week of March 5	Avoid play days already used by Rugby and Field Hockey 5 weeks including 1 championship tournament per grade
Rugby (boys)	Week of April 8			

Girls Field Hockey	Week of April 8			
Track & Field	Early May	Week ending June 7	Early April	Suggested dates: May 9, May 13, May 22, May 29, Final June 5 or 6

General Game Days for team sports: (Soccer, Basketball, Volleyball)

Monday Grade 8 boys

Tuesday Grade 6/7 girls

Wednesday Grade 8 girls

Thursday Grade 6/7 boys

Note:

-Grade 7/8 Basketball for Boys and Girls maybe Monday or Wednesday or both

-Also some exceptions to the above game days may be made due to holidays

Soccer

Stay tuned for practice times and days and upcoming jamboree dates next week. We had several students sign up today to participate on one of our teams. At this time we have one coach, Doug Tolson (parent volunteer). More help is needed.