

MONTEREY ATHLETICS

Softball Season

If you have any unused baseball or softball mitts at home, PE teachers would greatly appreciate them for their classes. Please consider donating any mitts sized for elementary to adult to Monterey. Just drop them by the school office and they will be put to good use.

Ultimate Frisbee

First practice - Monday, April 30th - 3:05 - 3:45

Interested students have met and received a permission slip for signing. If you have not yet returned your permission slip, do so ASAP. Our coach is Clayton Howlett, a teacher at Central Middle School.

If you have questions, please contact our staff sponsor, Jennifer Dickson at jdickson@sd61.bc.ca

Track and Field

Congratulations of a fun and successful first meet! Despite the weather, the athletes were in great spirits. For specifics about what to do, where to meet, etc on track meet days, check the green information package your child was given at our meeting on May 8th. *Athletes, if you missed this meeting, you can get one on the magazine rack outside the school office. It is also posted on the announcement board outside the computer lab and on the Athletics bulletin board outside the basement washrooms.*

Our next meet is Monday, May 14th (see events below)

Practice Schedule – Track and Field only (see the rest of spring sport schedule below)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Before school</u>				<u>Middle Distance</u> 8:00 - 8:45 John Bentley Steve Cowie Lauren Malec	
<u>Lunch</u>	<u>Sprints</u> <u>Relays (TBA)</u> Ms. Trumpy (along with student teachers)	<u>Discus</u> 12:36 - 1:00 Mr. Barnes with Sean Gatensby (student coach)	<u>Sprints</u> <u>Relays (TBA)</u> Ms. Cargnelli, Ms. Manness, Ms. Lee-Radigan (student teachers)	<u>Shotput</u> 12:36 - 1:00 Mr. Gybels and Mr. Mallett	<u>Sprints</u> <u>Relays (TBA)</u> Ms. Cargnelli, Ms. Manness, Ms. Lee-Radigan (student teachers)

		<u>Long and Triple Jump</u> Ms. Trumpy			<u>Long and Triple Jump</u> Ms. Trumpy
<u>After school</u>	<u>Ultimate Frisbee</u> 3:05 - 3:45	<u>Middle Distance</u> 3:05 - 4 John Bentley Steve Cowie Lauren Malec			

Track and Field Meet Dates - 3:45 - 6:30

#1 League Meet - Thursday, May 10th - 800m, 200m, 2000m, girls long jump, boys discus, girls shot put

#2 League Meet - Monday, May 14th - 100m, 4 x 100m relay practice (untimed), boys and girls triple jump

#3 League Meet - Wednesday, May 23rd - hurdles, 1200m, 400 m, boys long jump, girls discus, boys shot put

#4 League Meet - Monday, May 28th - 2000m final event, 4 x 100m relay qualifier, 4 x 400 m practice only

Seeding meeting - Wednesday, May 30th 4pm Cedar Hill - I will attend this meeting to register our athletes into the events they have qualified.

City Championship Meet - All day Wednesday, June 6th

Please note, because Monterey does not have high jump equipment, we do not train students in this event. Only students who are part of club track and field and have a note from their coach stating they are trained in high jump can participate.

Rugby

Practices: Every Tuesday morning 7:45 (combined practice for all teams). Mouthguards are mandatory and bring cleats if you have them.

(Please remind your child to take off cleats before entering the school to reduce the amount of mud that gets tracked in)

Boys' Rugby - Under 130lbs

U130lbs Jamboree - Monday, May 14th at SMUS

Monterey is in Pool C - 2 X 7 minute halves

Game 3 - 9:00am - North Saanich A vs. Journey - Field 3

Game 4 - 9:00am - Monterey vs. Lansdowne - Field 4

Game 7 - 9:30am - North Saanich A vs. Lansdowne - Field 3

Game 8 - 9:30am - Journey vs. Glanford B - Field 4

Game 11 - 10:00am - Monterey vs. Glanford B - Field 4

Game 14 - 10:30am - Lansdowne vs. Journey - Field 4

Game 17 - 11:00am - North Saanich A vs. Glanford B - Field 3

Game 18 - 11:00am - Monterey vs. Journey - Field 4

Game 21 - 11:30am - North Saanich A vs. Monterey - Field 3

Boys' Rugby - Under 160lbs

Monday, May 7th

Gordon Head and Monterey @ Glanford - 2 x 10 min period games

U160lbs Jamboree - Wednesday, May 16th at SMUS

Schedule TBA

Contacts

Sponsor Teacher - Tina Trumpy - chtrumpy@sd61.bc.ca

Coach - Roger Robinson - rogerthelocal@gmail.com

Boys Basketball Development

Practices are now 7:45 - 8:45 Friday mornings and are open to all grade 7 and 8's (doesn't matter if your son played Jr or Sr this year) who want to work on their skills for next season. The goal of these sessions is for our grade eights to get ready for tryouts next fall when they are in high school and for our grade 7's to get ready for tryouts for our Sr Monterey team next fall.

Summer Basketball Camps - Grow Your Game this Summer Passion Sport Camps

Registration is now open for our 11th year of youth basketball development programs in Victoria. We have an awesome Summer planned and hope to see you soon! For more information or to register, visit the Passion Sport website.

Featuring:

- Elite instruction from College & University players
- 7 different full-day programs throughout July & August
- Ages 7-15, boys and girls

Schedule:

- July 3-6: FUNdamentals (Ages 7-11)
- July 9-13: Youth Elite Camp 1 (Ages 8-12)
- July 16-20: 'I Work Harder' Elite 1 (Ages 10-15)
- July 23-27: All-Girls Elite Camp (Ages 10-15)
- July 30-August 3: Youth Elite Camp 2 (Ages 8-12)
- August 7-10: Duncan Elite Basketball Camp (Ages 8-14)
- August 13-17: 'I Work Harder' Elite 2 (Ages 10-15)

Field Hockey.....

Sharon Bowyer-Smyth, a Monterey teacher, has volunteered to be the school sponsor, along with parent coach, Jim Knight. They have also organized two senior high school students to help run practice.

Practices are on Monday mornings 7:30-8:25 beginning on April 9th.

Thursday jamborees up at Uvic from 3:45 - 6pm. Games begin Thursday,

April 12th until end of May. Please contact Sharon Bowyer-Smythe at sbowyer@sd61.bc.ca or jim.a.knight68@gmail.com for more information.

Badminton Club

Kelly Nyhan, grade 7 teacher and Doug Tolson, parent, have both kindly volunteered to continue badminton as a club.

Kelly Nyhan knyhan@sd61.bc.ca

Doug Tolson dougtolson@shaw.ca

Practices:

Mondays 3:00 - 4:30

Thursdays 3:00-4:30

Games

Semi finals - May 3rd and 4th

Finals TBA

Practice Schedule – Gymnasium/Field – Badminton Month: April 2018

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Before school</u>	<u>Field Hockey</u> 7:30 - 8:25 beginning April 9th <u>Badminton</u> 7:45-8:45	<u>Rugby practice</u> All teams 7:45 - 8:45	<u>Badminton</u> 7:45-8:45		<u>Sr Boys basketball development</u> 7:45 – 8:45
<u>Lunch</u>	<u>Grade 6 Intramurals</u>				<u>Nerf Club with Bill O'Brien</u>

<u>After school</u>	<u>Ultimate Frisbee</u> 3:05 - 3:45	<u>Badminton</u> 3:00-4:30		<u>Badminton</u> 3:00-4:30	<u>Senior Boys 7/8</u> <u>Competitive</u> <u>Basketball</u> <u>exhibition games</u> <u>(TBA)</u>
<u>Late</u> <u>Afternoon</u> <u>(extra</u> <u>practices can</u> <u>be booked</u> <u>after games</u> <u>and practices</u>					<u>Senior Boys 7/8</u> <u>Competitive</u> <u>Basketball</u> <u>exhibition games</u> <u>(TBA)</u>