

MONTEREY ATHLETICS

Rugby

Practices: Every Tuesday morning 7:45 (combined practice for all teams).

Mouthguards are mandatory and bring cleats if you have them.

(Please remind your child to take off cleats before entering the school to reduce the amount of mud that gets tracked in)

Boys' Games TBC

Girls' Games (Tentative Schedule)

Play days will be Wednesdays, from 3:30-5. The person in brackets is attached to the venue, and will set up the fields.

The first two playdays will determine which teams are in what category: **Competitive** or **developing**.

Competitive teams look like:

- girls with some rugby experience (either school or club)
- larger, stronger athletes that pick up the game quickly.

Developing teams look like:

- girls with little to no rugby experience
- smaller athletes that may benefit from playing competitors more their size and strength.

April 11th: Central Middle school (Topher Mackintosh)

April 18th: Macdonald Park-James Bay Rugby Club (Tom Woods)

April 25th: Juanda Fuca Rec-Westshore Rugby Club (Leanne Bilous)

May 2nd: Glanford Middle School (Mica Seaburg)

May 9th: Wallace Field-UVIC (Jane Reese)

May 17th: Final Jamboree at Westshore (Leanne Bilous)

Contacts

Sponsor Teacher - Tina Trumpy - chtrumpy@sd61.bc.ca

Coach - Roger Robinson - rogerthelocal@gmail.com

Spring Basketball Club Teams

UVIC VIKES

Once again, Uvic's Men's Basketball program will be offering club basketball from April until July. Players interested in being considered for one of these teams must attend a 4-day Jamboree from April 5-9 (session times vary depending on

age category). Players are welcome to participate in the jamboree without being considered for a team. Please register online prior to **April 1st** at: govikesgo.com/bbjamoree.

Basketball BC

Represent Your ZONE at the 2018 BC Summer Games!!

The BC Summer Games are an amateur sporting event held on every even-numbered year. For basketball, the age groups are U13 and U14. The U14 teams play traditional 5-on-5 games while the U13 teams play 3x3 basketball.

For 2018:

U14 - athletes must be born in 2004 or later

U13 - athletes must be born in 2005 or later

Athletes interested in playing on a BC Summer Games (BCSG) team **MUST** attend a selection camp in the zone where they make their permanent residence - BC Summer Games Zones and Zone Details. The camps will take place in April. Registration is now open for selection camps for the BC Summer Games Teams.

U14 Camp Schedules <https://www.basketball.bc.ca/u14-camp-schedules>

U13 Camp Schedules <https://www.basketball.bc.ca/u13-camp-schedules>

For more information:

<https://www.basketball.bc.ca/bc-summer-games%202018>

Questions? Contact Stephanie Rudnisky srudnisky@basketball.bc.ca

Boys Basketball Development

Practices are now 7:45 - 8:45 Friday mornings and are open to all grade 7 and 8's (doesn't matter if your son played Jr or Sr this year) who want to work on their skills for next season. The goal of these sessions is for our grade eights to get ready for tryouts next fall when they are in high school and for our grade 7's to get ready for tryouts for our Sr Monterey team next fall.

Exhibition games (TBA) fridays 4:30-5:30

Basketball Alumni Game-Friday, April 13th 3:45 We are in the process of organizing an alumni game inviting former Monterey Competitive boys players currently in grades 9 and 10 to come back for a fun mini tournament with our current Senior boys competitive players. To keep things safe, we will create 3 mixed teams (grades 7-10). There will be pizza and prizes and fun! Parents welcome! In order to fund this event, the boys will need to host another bake sale or two. **More info to come!**

Bake Sale: Wed, March 14th Nut Break and Lunch Recess

Coaches Jeff and Lana Rud lrud@sd61.bc.ca

Field Hockey.....

Sharon Bowyer-Smythe, a Monterey teacher, has volunteered to be the school sponsor, along with parent coach, Jim Knight. They have also organized two senior high school students to help run practice.

Practices are on Monday mornings 7:30-8:25 beginning on April 9th.

Thursday jamborees up at Uvic from 3:45 - 6pm. Games begin Thursday, April 12th until end of May. Please contact Sharon Bowyer-Smythe at sbowyer@sd61.bc.ca or jim.a.knight68@gmail.com for more information.

First Practice: Mon, April 9th!

Badminton

.....has also begun! Kelly Nyhan, grade 7 teacher and Doug Tolson, parent, have both kindly volunteered to take on the Monterey team this year.

Kelly Nyhan knyhan@sd61.bc.ca

Doug Tolson dougtolson@shaw.ca

Practices:

Mon/Wed mornings at 7:45-8:45

Tues/Thurs afternoons at 3:00-4:30

Practice Schedule – Gymnasium/Field – Volleyball Month: March 2018

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Before school</u>	<u>Field Hockey</u> 7:30 - 8:25 beginning April 9th <u>Badminton</u> 7:45-8:45	<u>Rugby practice</u> All teams 7:45 - 8:45	<u>Badminton</u> 7:45-8:45		<u>Sr Boys basketball development</u> <u>7:45 – 8:45</u>
<u>Lunch</u>	<u>Grade 6 Intramurals</u>				<u>Nerf Club with Bill O'Brien</u>
<u>After school</u>		<u>Badminton</u> 3:00-4:30		<u>Badminton</u> 3:00-4:30	<u>Senior Boys 7/8 Competitive Basketball exhibition games (TBA)</u>
<u>Late Afternoon</u> (extra practices can be booked after games and practices)					<u>Senior Boys 7/8 Competitive Basketball exhibition games (TBA)</u>

League starts: Competitive League begins last week of January

Recreational League: three jamborees - Weeks of Jan 29th, Feb 5th and Feb 19th